

UW Extension

920-391-4650



November 2018

We are located at Neville Public Museum. Please use the door nearest the road off the parking lot on Mondays and Tuesday mornings **ONLY**. Please use Museum doors when Museum is open.



Save the Date!

6th Annual Brown County's

Taste of Wisconsin

Tuesday, February 19th, 2019

5:30pm

(watch our website
at www.browncountyextension.org for more
details to come)

Do you want to receive this electronic newsletter? Contact Brown County UW Extension at 920-391-4650



UW-Extension Project Selected as SOUP Finalist



The Current Young Professionals Network has selected the Brown County UW-Extension Community Gardens Program as a finalist for a micro-grant through Green Bay S.O.U.P. (Support of Urban Projects), for its proposal to continue and grow its teen farmers' market program. Community members are invited to a dinner on Tuesday, November 6, from 5:30-8:00pm at Green Bay Distillery (835 Mike McCarthy Way, Ashwaubenon). The \$5.00 entrance fees for the dinner will become the grant one finalist receives, decided upon by attendees' votes after brief presentations. Come support this project to

improve the quality of life of Green Bay residents. Find out more:

<https://www.facebook.com/events/507036623104372/>

Garden Build Volunteers Needed

Come help rebuild the Olde North Community Garden's raised garden beds, along with Skaleski Construction! All community members are invited to volunteer Saturday, November 10, from 8am-4pm at 1004 N Irwin Ave. Many volunteers are needed! Volunteers will replace old raised garden beds so that gardeners can continue to have a space to grow next growing season. Big thanks go to the Cornerstone Foundation of Northeastern Wisconsin, Inc. and Cellcom for providing funding to make this project possible, and to Skaleski Construction for volunteering its time.



Volunteers are asked to bring work gloves, close-toed shoes, clothes that can get dirty, water, a lunch, and shovels and battery-powered drills if able. No experience necessary, though volunteers will need to be able to lift and move materials. Sign up online here: <https://docs.google.com/forms/d/>

Community Gardens Program Wraps Up 2018 Growing Season with International-Themed Potluck



Gardeners with the Brown County UW-Extension Community Gardens Program celebrated the end of another successful growing season with an international-themed potluck on October 23. Thirty community gardeners, family members, and friends came together for a potluck meal, along with pumpkin decorating and garden-themed games. Special thanks to volunteers who helped to provide pumpkins and food.





Brown County UW-Extension & NEW Master Gardeners 2019 Horticulture Classes



[The 2019 UW-Extension & NEW Master Gardeners 2019 Horticulture class list is now available. Please click here for the complete list.](#)

2018 Community Resource Handbook is Available!

A limited number of the printed version of the Brown County Community Resource Handbook is available. The Handbook provides descriptions and contact information for over 400 agencies and organizations that serve the public. Professionals will find this booklet helpful for identifying resources for those they serve. **FoodWise will discontinue printing the Handbook once all copies are gone.**

Brown County UW-Extension FoodWise developed this resource as part of a food security initiative. Increased accessibility of low cost community resources to low income families is one strategy to extend the household budget because food is often one of the first expenses to be cut when on a limited income. Nutrition tips are included throughout the handbook. Please encourage the families and individuals you work with to make healthy food choices!

The Handbook is printed as a booklet, 8.5" x 5.5", with a comb binding and costs \$3.75 per copy. If you want to purchase only 1 copy you have to purchase it in person at the UW-Extension office at the Neville Museum.



Brown County
**COMMUNITY
RESOURCE
HANDBOOK**

Brown County
UW-Extension FoodWise
210 Museum Place
Green Bay, WI 54303
Phone: 920-391-4610



[Download the PDF](#)

[Order Copies Here.....](#)



Care4uCare4me National Caregivers Month Activities

The Brown County Caregiving Coalition is celebrating National Caregivers Month with activities and events of interest to Caregivers and the persons they care for throughout the month. November is filled with a wide variety of activities - **fun, educational, connecting, inspiring**, so many things to do. Check out the schedule at Care4uCare4me.org

Paula Hella, Brown County UW-Extension Youth and Families Educator will present a session “Taking Care of You, Mindfulness” on Thursday, November 15, 2018 at the Aging and Disability Resource Center of Brown County from 5:00 p.m. to 6:30 p.m. Learn about the mind-body connection, ways to take care of yourself, and way to bring more joy into your life.

The contributions of Family Caregivers are important. Friends and family members provide (without pay) on-going assistance to loved ones in so many ways;

Rides to appointments

Assist with personal care, i.e.: bathing, medication management, etc.

Shopping

Housekeeping, cooking

Home and yard maintenance

Visiting

and so much more!

The list goes on and on. More than 44 million Americans care for a family member, friend, or neighbor.

Rent Smart Train-the-Trainer

November 30, 2018

8:30am - 3:30pm

Brown County UW-Extension, located in the Neville Public Museum

210 Museum Place

Green Bay, WI 54303 Cost: \$75 per participant

Receive the tools and curricula you need to deliver the rent smart program. Rent Smart provides practical education to help people looking for rental housing find, get, and keep suitable housing. Rent Smart focuses on the knowledge and skills essential for a successful renting experience. It challenges participants to know and understand their rights and responsibilities as a tenant, as well as know and understand the rights and responsibilities of their landlord. Emphasis is on forming a strong landlord-tenant partnership. Establishing a positive rental history is much like having a positive credit report, and Rent Smart starts participants on the right path for success.

Register online [here!](#)

View the flyer [here!](#)





Brown County 4-H Youth Development



November STEM Sunday

4-H Eco-Bot Challenge

Date: November 18, 2018

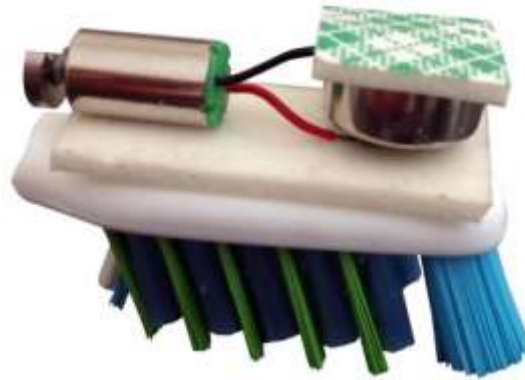
Time: 12:00pm—2:00pm

Location: Neville Public Museum

Age Requirement: 3rd-6th grade

Cost: \$5.00

Financial assistance available, if needed
please call Melinda at 920-391-4613.



In this 4-H Eco-Bot Challenge, you will build and program a robot to clean up a simulated environmental spill—a mission that in real life would be too difficult or dangerous for humans to carry out. Youth will enhance engineering skills as they learn to think like a robotics engineer.

[Please register for this program by Friday, November 16, 2018. To Register, click here, or you can call 920-391-4650.](#)

We hope to see you there!!



An AA/EEO employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements

